



Report
of
NSS SPECIAL CAMP 2022
3rd-9th December
Nisapui, Serkhan & Lungmaut



Pachhunga University College
Aizawl, Mizoram

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Forward

The NSS Unit at Pachhunga University College has been trying to follow and nurture the ideology of NSS in a manner that ensures meaningful participation of all volunteers. The activities carried out in Special NSS Camp- 2022 have served as an eye opener for the young NSS volunteers about the contemporary problems that our country is facing. The special initiatives, lectures and activities undertaken during the camp have served as a milestone in fostering social responsibility and nationalism among young NSS volunteers. Pachhunga University College has always had a strong vision and commitment toward the service of the society and its weaker sections. With deep sense of gratification, we take pride in the successful completion of the camp by the NSS volunteers of the College. Our NSS Units have always worked with great enthusiasm and zeal towards the wellbeing of the community. Some of the community service activities of the unit include plantation drives, blood donation camp, generating awareness about waste segregation, installation of blue and green dustbins, cleaning of campus and surroundings by NSS volunteers, sensitization programs on sanitation, hygiene and cleanliness. We are pledge to put our efforts towards social service and to be the first to stand out in helping our community. The insemination of these activities, we believe will promote Clean, Healthy and Green surroundings throughout the world. The activities done by the NSS volunteers during the camp helped them to equip themselves with an insight, sensitivity and close understanding of the problems that are faced at the grass root level. With the field experiences, our volunteers have learnt how to lead a life of dignity with positive mind set and contribute to the growth of Nation by one or the other way.

We take this opportunity to express our gratitude to Prof. H. Lalthanzara, our worthy Principal, for his valuable inputs, guidance and support throughout the year. We congratulate and extend our best wishes to NSS volunteers, teaching and Non-Teaching staff who have made this journey a success due to sincere and sustained efforts and for their keen efforts to accomplish the targets in the planned activities.

NSS Units
Pachhunga University College

NSS SPECIAL CAMP

Special Camping forms an integral part of National Service Scheme. It has special appeal to the youth as it provides unique opportunities to the students for group living, collective experience sharing and constant interaction with community.

The primary objectives of the special camping programs are:

- ❖ Making education more relevant to the present situation, to meet the felt needs of the communities and supplement the education of university/college/school students by bringing them face to face with the prevailing situation of the community.
- ❖ To provide opportunities for students to play their due roles in the implementation of various development programs by planning and executing development projects, which not only help in creating durable community assets in rural areas and slums but also result in the improvement of the condition of weaker sections of the communities.
- ❖ Encouraging the students and non-students to work along with the adults in rural areas, thereby developing their character, social consciousness and commitment, discipline and healthy and helpful attitudes towards the community.
- ❖ Building potential youth leaders by exploring the latent potential among the campers, – both students as well as local youth (rural and urban), with a view to involve them more intimately in development projects for longer periods. The local leadership generated during the camps would also be useful in ensuring proper maintenance of the assets created as a result of the camps.
- ❖ Emphasizing the dignity of labor and self-help and the need for combining physical work with intellectual pursuits, and encouraging youth to participate enthusiastically in the process of national development, and promote national integration through democratic living and cooperative action.



The Special Camp was held in the villages of Nisapui, Serkhan and Lungmuat from 3rd-9th December 2022. About 60 volunteers registered for this camp with full cooperation, zeal and participated enthusiastically in the camp under the able supervision of the programme coordinators of NSS under the guidance of Prof.H. Lalthanzara, Principal, Pachhunga University College, Aizawl

Programme Officers:

- | | |
|-----------------------|-------------------------|
| 1. Zothanmawia | 4. Remlalthlamuanpuia |
| 2. Dr K Vanlaldinpuia | 5. Dr Daniel Lalawmpuia |
| 3. Dr Laldinpuii | 6. Dr Zonunmawia |
| | 7. Dr Zothanpuia |

The main objective of the camp was to evolve the volunteers as a human and as an agent of social change. Its thrust was on activities and lectures that help the volunteers to work for the community, in the community and with the community. Awareness Campaign on various present days relevant issues were conducted with the cooperation of the PHE Department; Environment, Forest & Climate Change Department; MSACS and Mizoram Rural Bank. A futsal tournament was also organized by the PUC NSS Unit, which was sponsored by Khiangte Nirmal Gas Agency, with a view to build a stronger bond with the villagers and to gather crowd and reach as many people as possible for the awareness campaign. Each day began with various interactive sessions, guest lectures as well as field work in order to educate and spread awareness among the volunteer as well as the villagers on various issues.

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Day/Date	Activities	Resource Person/Supervisor
DAY 1-3 3 rd -5 th Dec	Preparation of camps, banners, pamphlets, booklets, flyers, cultural dance, songs, etc.	
DAY 4 6 th Dec	Journey from Aizawl to Nisapui for advance party	
Day 5 7 th Dec	Football Coaching	Mr Remlalthlamuanpuia Dr K. Vanlaldinpuia
	Life Skill Development	
	Primary School- • Spoken English	Dr Laldinpuii
	High School- • Career Awareness and Interview Skills • Mathematics Tutoring	Dr Zonunmawia Dr Daniel Lalawmpuia Dr Lalpawimawha
	Futsal tournament and Awareness Campaign • Rainwater Harvesting • River Rejuvenation • Fire Prevention • Financial Literacy • HIV/AIDS, syphilis awareness, blood donation	Mr Remlalthlamuanpuia David Lalchhandama (Vol.) Zothanpuia (Vol.) C. Biakhthansanga (Vol.) Mrs Zopuii (MRB manager) Dr. Zothanpuia (PO)
Day 6	Football Coaching	Mr Remlalthlamuanpuia Dr K. Vanlaldinpuia

8 th Dec	Distribution of pamphlets and booklets in Lungmuat Village	Dr Zonunmawia Dr Daniel Lalawmpuia Dr Laldinpuii
	Life Skill Development	
	Primary School- • Spoken English • March-past • Mizo Cultural Dance	Dr Laldinpuii NCC Cadets Cultural Club
	High School- • Mathematics Tutoring • Science Tutoring • NCC Awareness	Dr R. Zoramthanga Dr K. Vanlaldinpuia NCC Cadets
	Mushroom Cultivation	Dr Albana L Chawngthu
	Thiamhnang Tah (Mizo handicraft)	Mr Vanlalkima Nisapui VCP
	Ribbon-cutting ceremony of Urinal	Mr Lalramhlua YMA President, Nisapui
	Futsal exhibition match, Futsal final and Awareness campaign	All faculty
Day 7 9 th Dec	Football Coaching	Mr Remlalthlamuanpuia Dr K. Vanlaldinpuia
	Street Camping and distribution of pamphlets and booklets in Serkhan Village	All Faculty

DAY 1-3 (3rd- 5th Dec)

Preparation for Special Camping

Preparations for the NSS Special Camping started from 3rd December 2022, wherein various necessities for the camping were being prepared. The banners, pamphlets, booklets and flyers for the camp were collected and the cultural dance and songs to be performed in the futsal tournament were practiced.

DAY 4 (6th Dec)

Departure of Advance Party

The advance party consisting of 17 volunteers and 2 POs departed from the college campus towards Nisapui Village in the evening. The advance party had a small introduction and interaction with Nisapui Local Village Council. The camp was set up for the other volunteer to arrive the next day.



DAY 5 (7th Dec)

The rest of the volunteers arrived in the morning and thereafter the programme for the day was started

Activity-I: Football Coaching

The day was started with football coaching provided to the children of Nisapui by our abled NSS volunteer and members of the College Football Club under the supervision of Programme Coordinator Mr Remthlamuanpuia. The coaching had taken place early in the morning where many children were eagerly waiting for the session.

Objectives:

- Introduction to the basics of football
- Understanding and practicing the basics of various kicking, passing and shooting techniques
- Principles of defending and understanding the roles of a goalkeeper
- Encouraging and motivation the children to pursue football as a career



Activity-II: Life Skill Development

A special focus was given on promoting and developing the skill of the residents of Nisapui, especially the children studying in Gov't Schools, in order to assist in enhancing their existing knowledge and to promote the learning of new skills. Various activities were undertaken under this programme which are discussed in detail below:

Spoken English Tutoring to Primary School Students: Tutoring was provided to the student of Gov't Nisapui Primary School on spoken English under the supervision of Dr Laldinpui NSS PO along with the NSS volunteers. The students were taught basic grammar and simple English conversation. Practical lessons were given to the student by making them interact with each other in English, the students had a fun and productive class with our NSS volunteers.



Career Awareness and Interview Skills and Mathematics Tutoring to High School Students: Career awareness and interview skills was given to the students of Gov't Nisapui High School by Dr Daniel Lalawmpui NSS PO and Dr Zonunmawia NSS PO. The students were introduced to and told about the career prospects under various streams and were also made aware about the competitive exams like UPSC and the process of selection. The students were also motivated to pursue their passion and realize their dreams having a clear cut goal and fighting to achieve them with unwavering determination. Thereafter, a tutoring session was conducted on mathematics under the supervision of Dr Lalpawimawha faculty of PUC, Statistics Department along with the NSS volunteers.



Activity-III: Futsal tournament and awareness campaign

Futsal tournament was started at 3:00 pm hosted by Mr Remlalthlamuanpuia NSS PO the chief guest was Mr Lalthanmawia, Khiangte Nirmal Gas Agency. The programme was started with a welcome speech by Mr Vanlalkima Village Council President, Nisapui and awareness on various issues were conducted in between the match followed by the distribution of banners, pamphlets, booklets and flyers among the public. The various campaigns are discussed below-

- **RAINWATER HARVESTING:** A short speech was delivered by NSS Volunteer Zothanpuia spreading awareness among the people on the importance and benefits of rainwater harvesting. The people were told about the various techniques with which they themselves can store rain water for future use and how much more beneficial and cheaper it is for them.
- **RIVER REJUVENATION:** Short speech was delivered by NSS Volunteer David Lalchandama spreading awareness on the necessity and importance of river rejuvenation and how we can achieve it.
- **FIRE PREVENTION:** Delivered by NSS Volunteer C. Biakthansanga , this short speech was to spread awareness among the people on fire prevention which is very prevalent in Mizoram because of the shifting cultivation practiced by its residents.
- **FINANCIAL LITERACY:** A short speech was also delivered by Mrs Zopuii, Branch Manager of Mizoram Rural Bank Lungdai to spread awareness among the residents on financial literacy. She discussed about the various loan schemes and life insurance scheme which are extremely beneficial to the public.
- **HIV/AIDS awareness programme:** Dr. Zothanpuia, programme officer delivered an awareness speech on HIV/AIDS and syphilis. He highlighted the importance of early detection and social stigma discrimination in the society. He also mentioned few case studies of various researchers and the antiretroviral therapy.



(Speech on financial literacy)

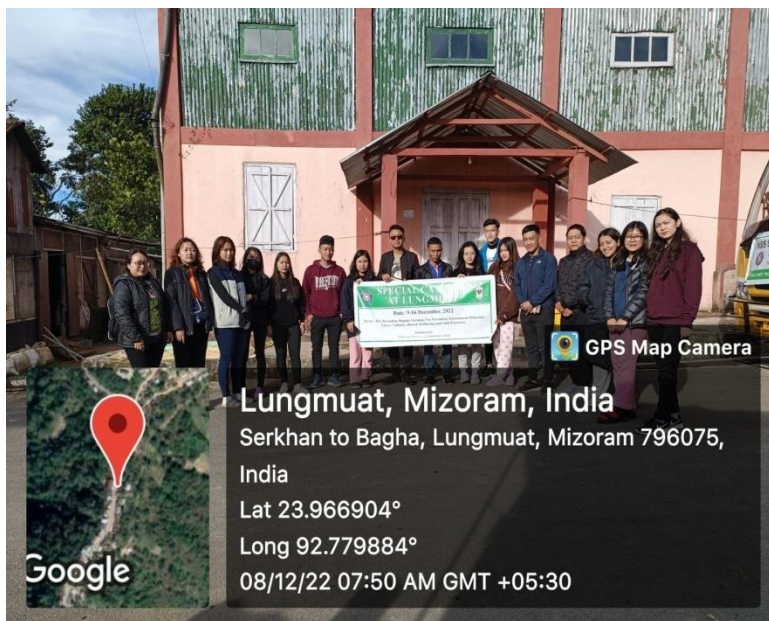
DAY 6 (8th Dec)

Activity-I: Football Coaching

Coaching to the children was continued by our NSS volunteer and members of the college football club under the supervision of programme coordinator Mr Remthlamuanpuia. The coaching had taken place early in the morning.

Activity-II: Distribution of pamphlets and booklets in Lungmuat Village

The NSS Volunteer along with NSS POs- Dr Zonunmawia , Dr Daniel Lalawmpuia and Dr Laldinpuii went to Lungmuat Village early in the morning distributing pamphlets and booklets from house to house spreading awareness on issues like HIV/AIDS, pregnancy care, plastic free village, fire prevention, rainwater harvesting and river rejuvenation.



Activity-III: Life Skill Development



Spoken English Tutoring to Primary School Students and teaching of Mizo traditional dance: The spoken English tutoring was continued during Day 6 under the supervision of Dr Laldinpuii NSS PO along with the NSS volunteers. The College's Chhawkhlei Cultural Clubs taught the children the Mizo cultural dance named Chawnglaizawn. A fruitful session was conducted so much so that the students will be practicing the dance to be performed in the Golden Jubilee celebration of their school. The students were also taught march pass by the NCC Cadets.

Science and Mathematics Tutoring to High School students and awareness on NCC : Assistance was provided to the students of Gov't Nisapui High School on subjects like Science and Mathematics by Dr Zothanpuia NSS PO and Dr R Zoramthanga along with the NSS volunteers. The doubts regarding various concepts were dealt with and one to one mentorship was provided. Awareness on NCC was also given encouraging the students to join NCC and the various career prospects under NCC was made known to them.





Mushroom Cultivation: A detailed lecture on mushroom cultivation was given to the villagers by Mr Albana L Chawngthu, teaching them about the entire process of mushroom cultivation by providing them with practical examples. About 50 villagers attended this programme mostly consisting of farmers. Mushroom seeds distribution was taken place at the

end of the lecture in order to encourage and support the villagers towards mushroom cultivation.

Learning Thianhnang Tah (Mizo Handicraft): The NSS volunteers were taught about the Traditional Mizo Handicraft and how to make them by Mr Vanlalkima Nisapui Village Council President and Mr Lalramhlua, YOUNG MIZO ASSOCIATION (YMA) President of Nisapui. Various Mizo handicraft like hnang hlai, pate tah, arbawm tah and bawhtah were taught.



Activity-III: Opening of Newly constructed Urinal

The opening and ribbon cutting ceremony of the newly constructed Public Urinal and Public Drinking Water Point was taken place by Mr Lalramhlua, YMA president of Nisapui. He showed his gratitude towards the NSS for their constant support and development activities for the advancement of their village. The construction was taken place by the NSS PUC Unit with the assistance of Nisapui Village Council.



Activity-IV: Futsal exhibition match, Futsal final and Awareness campaign

Closing programme for the futsal finals started at 7:00 pm hosted by Mr Ramlalthlamuanpuia NSS PO and the chief guest was Mr Jeje Lalpekhlua. Solo performances were given by the PUC Music Club and with the end of the game and prize distribution, vote of thanks was given by Pu Zothanpuia, PO, NSS PUC Unit and with that the programme for the day came to an end. After the programme the NSS volunteer cleaned the futsal ground as is the duty of every NSS volunteer.



DAY 7 (9th Dec)

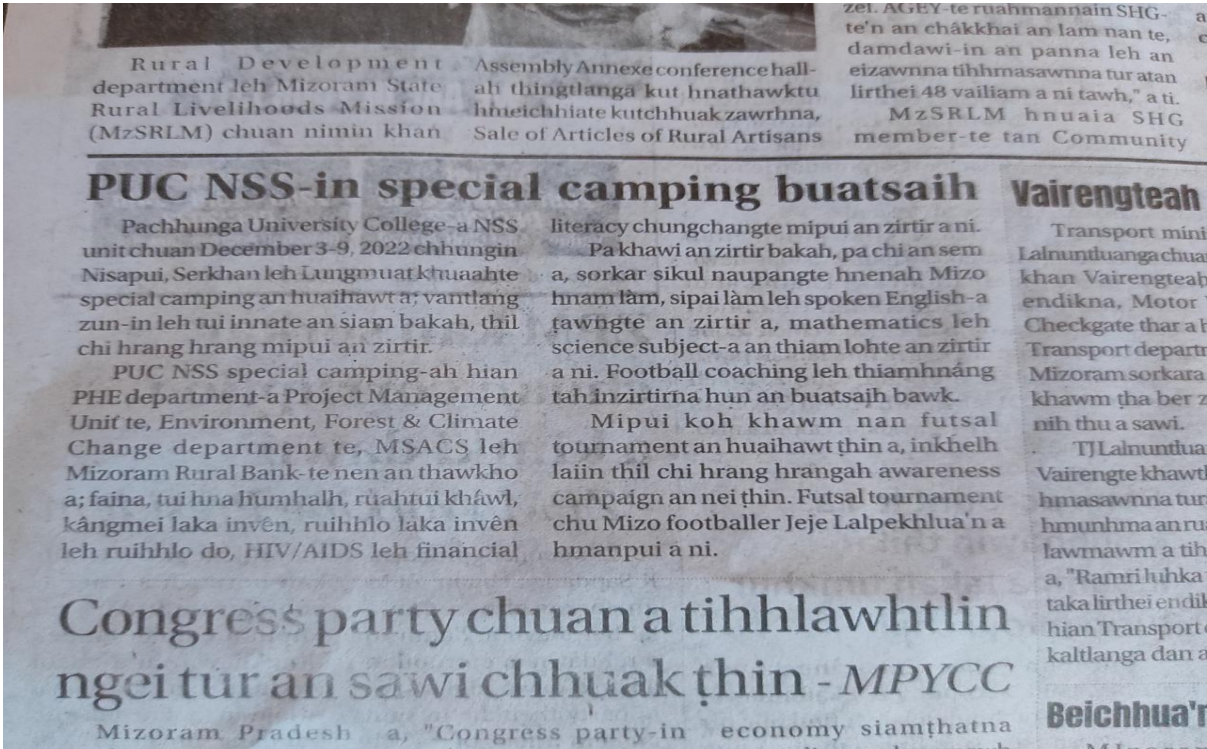
Activity-I: Football Coaching

Football coaching was provided to the children of Nisapui on the last day of the camp under the supervision of Programme Coordinator Mr Remthlamuanpuia along with the NSS Volunteers.

Activity-II: Street Camping and distribution of pamphlets and booklets in Serkhan Village

Street Camping and distribution of pamphlets and booklets took place in Serkhan Village by the NSS Volunteer and the faculty members, spreading awareness from door to door on HIV/AIDS, pregnancy care, plastic free village, fire prevention, rainwater harvesting and river rejuvenation.





Not me,
But You

