



## Report on the North East NSS Festival 2025

05.08.2025-09.08.2025

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The North East NSS Festival 2025 was a five-day residential programme held from August 5th to August 9th, 2025, at the Art & Culture Complex, Berawtlang, Aizawl, Mizoram. Organized by the State NSS Cell, Mizoram, and the Regional Directorate of NSS, Guwahati, the festival was a significant event that brought together a total of 251 NSS volunteers and Programme Officers from various states across the North Eastern region of India. The primary aim was to foster national integration, cultural exchange, and the spirit of social service among the youth.

As selected volunteers from Pachhunga University College, Aizawl, our contingent proudly represented Mizoram as part of the host state, which had a total of 63 participants. Our team comprised eight dedicated members: our Programme Officer (PO), **Dr. Zothanpuia (organising member)**, along with **Abhishek Garg** (5th Sem. Department of Biotechnology), **Lalmuankimi** (3rd Sem. Department of Geology), **Lalruattluanga** (3rd Sem. Department of Education), **P.C. Lalsiamtluanga** (3rd Sem. Department of Mizo), **Ayantoye Ruth** (3rd Sem. Department of Education), **Deborah R. Lalhmingmawii** (1st Sem. Department of Economics) and **K. Vanlalpeki** (1st Sem. Department of Psychology). The festival saw enthusiastic participation from NSS units representing Assam, Sikkim, Manipur, Nagaland, Meghalaya, and Tripura, while Arunachal Pradesh could not attend due to a landslide incident.

### Day-by-Day Proceedings

#### **Day 1: Arrival and Acclimatisation (August 5th, 2025)**

All the selected NSS volunteers from Pachhunga University College departed for the venue at 4.00 PM and arrived around 5:00 PM. Upon reaching the Art & Culture Complex, we proceeded with the registration process and were assigned our dormitories. The first day was kept light, allowing volunteers to settle in and familiarise themselves with the surroundings. It was noted that the tracksuits, part of the welcome kit, were not yet ready upon arrival. The evening concluded with dinner served at 7:00 PM, which provided a wonderful opportunity for informal interaction with fellow volunteers from different states. Concurrently, a formal meeting was held between the Programme Officers, the Regional Director, and the State NSS Officer to finalise the proceedings for the upcoming days.

#### **Day 2: Inauguration and Motivation (August 6th, 2025)**



The second day commenced with breakfast at 7:30 AM, followed by an energetic "Ice Breaking" session led by Dr. Lalrinsangi Nghinglova, which successfully set a friendly and collaborative tone for the festival. The main event of the day was the grand Inaugural Function, which featured a captivating solo performance by Ms. Ruth Tochhawng from Pachhunga University College. The ceremony was graced by the Hon'ble Minister of Sports & Youth Services, Mr. Lalnghinglova Hmar, who delivered an inspiring speech, officially inaugurating the festival. The ceremony was a vibrant showcase of culture, featuring special items and performances by volunteers from Mizoram, Sikkim, and Nagaland. A vote of thanks was delivered by Dr. Zothanpuia, Programme Officer (PO) Pachhunga University College, Aizawl.



After a delayed lunch at 2:00 PM, the afternoon was dedicated to personality development through motivational speeches by Ms. Grace Lalrinpari Hauzel (Youth Representative of India, PUC NSS) and Mr. Rex Zarzoliana Vanchhawng, MPS. This was followed by a talk from Mr. D. Carthigueane, Regional Director of the Regional Directorate of NSS (NER) Guwahati, on My Bharat Portal. He encouraged volunteers to register on the Portal and instructed Programme Officers (PO) to ensure that all NSS volunteers are registered on the My Bharat Portal. Mr. N.C. Deori, Youth Officer, then delivered a talk on the Basic Concepts and Design of NSS. In the evening, participants received their tracksuits, followed by a vibrant cultural night with mesmerizing performances from Assam, Sikkim, Tripura, Mizoram, Manipur, Meghalaya, and Nagaland. Dinner was served at 9:00 PM, after which the Mizoram team practiced for the upcoming cultural performance and went to sleep.



### Day 3: Service, Health, and Skill (August 7th, 2025)



Day three was a blend of social service, health awareness, and skill development. It began with a session of Yoga and Morning Exercise followed by breakfast at 8.00 AM. The day's key activities included a motivational speech by Mr. Remlalliana Hnamte, MCS, and an environmental education programme on orchids and their importance by National Awardee, Mr. Ashish Kumar Roy. After lunch at 1.30 PM, Ms. F. Lalmuanpuui, Asst. Director of the Mizoram AIDS Control Society, delivered an impactful speech on the importance of Voluntary Blood Donation, highlighting the significant role NSS volunteers play in saving lives. Mr. Rinzuala, CEO of the Mizoram Startup Mission, then spoke about the opportunities for startups and the investment schemes available to support them. The evening was reserved for a cultural practice session, followed by cultural programmes from all the participating states. After the cultural programme, dinner was served at 8.30 PM, concluding the day's events.





#### Day 4: Fitness and Cultural Exploration (August 8th, 2025)



This day was focused on physical fitness and experiencing the local culture and beauty of Mizoram. The morning began with a Walkathon from the camp venue to the Assam Rifles main gate, organized as part of the **Fit India Movement**. After the Walkathon, breakfast was served to all participants at 8.00 am. Later, the Volunteers got ready and departed by buses for an excursion to Reiek Tourist Tlang. Upon arrival at the Reiek main gate, refreshments were provided, followed by instructions from the camp director. The trekking experience offered breathtaking panoramic views and a chance to appreciate the natural beauty of Mizoram. After trekking, lunch was served by the Young Mizo Association (YMA), Berawtlang unit, with the help of local people. The participants returned to the camp by bus, arriving late, at approximately 8:00 PM.





Due to the late return and general tiredness from the excursion, the scheduled cultural programme practice was cancelled. Instead, a music show was organized to entertain the volunteers. The invited singers were Melody G Fanai, Zack Zonuna, and Chama Thangluah, who performed Hindi, English, and Mizo songs, respectively. All the volunteers enjoyed the music and danced enthusiastically. The programme was hosted by Lalmuankimi and Deborah from Pachhunga University College. Dinner was served late, at 11:00 PM, and the night extended with many participants staying up late, singing and fostering deeper connections.



**Day 5: Valediction and Departure (August 9th, 2025)**



The final day began with breakfast around 7:00 AM. A social work session around the camp venue was planned, but due to the extended activities the previous night, participants were instead given a more relaxed morning to prepare for the concluding events. The Closing Function commenced at 11:00 AM at the Art & Culture Auditorium, Berawtlang. The Nagaland contingent had to depart early due to transportation. The ceremony featured feedback sessions, in which Ayantoye Ruth from Pachhunga University College represented Mizoram and shared the feedback. Cultural performances from volunteers of Meghalaya, Assam, and Manipur were delivered. The much-awaited distribution of certificates was conducted by the Chief Guest, Mr. H. Lalinngchinga (MCS). The Vote of Thanks was delivered by the Camp Director, Mr. Joseph Vanlalhruaia Sailo. After a final lunch with our newfound friends, all Volunteers departed for their respective home states, filled with memories and valuable experiences.



A total of 251 participants benefited from this festival, engaging in various activities designed to promote social responsibility and cultural appreciation. We are immensely grateful to the organisers for this incredible and unforgettable opportunity. We also extend our heartfelt gratitude to the Camp Director, Mr. Joseph Vanlalhruaia Sailo, for his exemplary leadership and guidance, as well as to our Programme Officer, Dr. Zothanpuia, for his unwavering support and dedication. The festival perfectly combined learning, social service, cultural immersion, and national integration, leaving a lasting positive impact on all who attended.





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