



THE PUC CAMPUS REVIEW

A Multidisciplinary Institute with Arts, Science, Commerce and Management following NEP 2020 & CUET

NAAC Accredited A+ College in 2023

49th Rank in NIRF 2025

Motto : Learning & Service

A MONTHLY E-NEWSLETTER OF PACHHUNGA UNIVERSITY COLLEGE (A CONSTITUENT COLLEGE OF MIZORAM UNIVERSITY), AIZAWL, MIZORAM

PUC Hosts International

RESEARCH CONCLAVE 2026

March, 2026 : PUC Research Conclave 2026, organized by Pachhunga University College, was held during March 25-27, 2026. (The Research & Development Cell, PUC previously organised PUC Research Conclave in 2023, and this is the second Conclave organized by the R & D Cell, PUC.) It was an international-level conference with the theme “Sustainable Development, Cultural Heritage, and Emerging Challenges in Northeast India.”

It was a three-day multidisciplinary conference, in blended mode. It aims to bring together scholars, researchers, and academicians from diverse fields and institutions for a meaningful interdisciplinary dialogue. PUC Research Conclave 2026 was funded by Mizoram University.

A total number of 265 participants from across the country joined the Conclave in both online and offline mode.

The Conclave featured three plenary sessions delivered by eminent scholars from India and abroad. In the first plenary session, Prof. R. P. Tiwari, Vice-Chancellor of the Central University of Punjab and former Vice-Chancellor of Dr. Hari Singh Gour University, Sagar, as well as former Professor and Head of the Department of Geology at Mizoram University and Pachhunga University College, respectively, served as the resource person. In the second plenary session, Dr. Kyle Jackson from the Department of History, Kwantlen Polytechnic University, presented a lecture titled “Laboratories Everywhere: Indigenous Knowledge and Experimentation in the Lushai Hills, 1890–1910.” The third plenary session was delivered by Prof. Michal Lieberman Lazarovich, Research Scientist at the Department of Vegetables and Field Crops



(L–R) Dr. Rohmingmawii, Organising Secretary; Dr. Margaret Z. Kiangte, Vice Principal; Prof. H. Lalthanzara, Principal; Prof. Lalhriatzuala, Organising Chairman; and Prof. Dibakar Chandra Deka, Vice Chancellor and Chief Guest of the Conclave.

Papers presented	: 116
Technical sessions	: 7
Poster sessions	: 1
Total panels	: 25
Total participants	: 265
<i>(Both online and offline, from across the country)</i>	

Research, Institute of Plant Sciences, Volcani Institute (ARO), Israel, who spoke on “The Tomato ddm1b Mutant Shows Decreased Sensitivity to Heat Stress Accompanied by Transcriptional Alterations.” It was very en-

gaging and productive sessions.

A total of 116 papers were presented across seven technical sessions and one poster session comprising 25 panels. Except for the first technical session, all others featured three parallel panels conducted over the course of three days. The Conclave included both oral (online and offline) and poster presentations, and the total number of scholars involved in presenting papers would be roughly 130.

Being a multidisciplinary platform, the subjects of the papers cover a wide range of themes, including border studies and geopolitics, indigenous knowledge systems, science and technology, gender, historical and social transformation, governance, economy, digital change and challenges, ethnobotany, and ecological sustainability, etc.

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 Pachhunga University College

Prepared by

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Editorial

The month of March concluded with the PUC Research Conclave 2026, during which more than 100 research papers were presented. There were seven technical sessions, each comprising three panels, along with three plenary sessions, one plenary talk, and one poster session held from 25 to 27 March. A number of research articles were published by our faculty members and research scholars. The college continued its efforts towards academic excellence. Special lectures, workshops, and other intellectual development activities were organised by various departments and bodies within the college.

The selection of 11 of our alumni in the Mizoram Public Service Commission's recruitment for Assistant Professor posts under the Department of Higher and Technical Education is a notable achievement. The interviews were conducted during March and early April, and our alumni constituted 35 percent of the 31 total selections. This is a moment of joy and pride for the college.

One of our alumnae qualified in the Graduate Aptitude Test in Engineering (GATE), while several students succeeded in the Joint Admission Test for Masters (JAM), a highly competitive all-India examination for admission to postgraduate programmes in science. Our students also won the Overall Champion Trophy on the 29th International Day of Action for Rivers, secured prizes in the Inter-College Level Drama Acting Competition, and achieved first position in the Mizoram State Level Viksit Bharat Youth Parliament 2026. In addition, a research scholar associated with the college was awarded a PhD.

The month also witnessed significant contributions to social responsibility, as hundreds of units of blood were donated and community outreach programmes were conducted. A mass voluntary work programme aimed at protecting and safeguarding the college land and boundaries was organised, receiving enthusiastic cooperation from students and staff.

On a personal note, two of our faculty members, Dr. Laldinpuui of the Department of English and Dr. Vanramliana of the Department of Zoology, began a new phase of life through marriage. March appeared to be a time of joy for the PUC community, yet it was also marked by sorrow. The father of Dr. C. Lalremruatfela, C. Lalthlamawia, passed away. The college shared in the grief of our colleague, and our thoughts and prayers remained with him and his family. It was also a month in which the college missed securing the Overall Champion title in the MZU Sports Meet for the third consecutive year.

Achievements, setbacks, and misfortunes form part of our collective journey. They remind us not to dwell in moments of difficulty, but to renew our vigour, rise again, and strive to achieve even more in the future.

Dr. Vanlalremruata Tonson

PRINCIPAL ON U.S. ACADEMIC TOUR



Prof. H. Lalthanzara, the Principal of the college has been awarded the Fulbright-Nehru International Education Administrators Award (FNIEA) 2025–26. He departed New Delhi on 10th April for a U.S. academic visit, beginning in New Jersey and Chicago before heading to the University of Notre Dame (April 11–15) and Purdue University (April 16). From April 17–21, he will visit institutions in Philadelphia, followed by engagements in Washington, D.C. (April 22–24), including a final presentation. After an additional stay (April 25–27), he will return to Delhi on April 28–29, rest on April 30, and reach Aizawl on May 1.

ACADEMIC EXCELLENCE:

11 Alumni Selected as Assistant Professors

In the Mizoram Public Service Commission recruitment for Assistant Professor posts under the Department of Higher and Technical Education, 11 of the 31 selected candidates are our alumni, constituting

35 percent of the total. The institution expressed immense pride, stating it was delighted to have produced such successful candidates and extended its warm wishes to them.

PACHHUNGA UNIVERSITY COLLEGE

Congratulates its alumni on their selection as Assistant Professors under the Govt. of Mizoram in April, 2026.



Dr. Lalzarzoa

History
2001-2003



Dr. Vanlaltanpuia

Geography
2007-2010



Dr. N. Malsawmtluangi

Physics
2007-2010



K. Vanlalruati

Mizo
2009-2012



Dr. Francis L. R. Puia Tlau

Education
2008-2011 Batch



Dr. K. Vanlalhruaitluanga

Economics
2010-2013



Dr. Lalrinkima

Economics
2011-2014



**Dr. Orizen
M. S. Dawngliana**

Geology
2011-2014



Dr. P. C. Lalrinmuani

English
2012-2015



Malsawmsanga

Economics
2013-2016



**Dr. Lawmsangpuia
Ralte**

Sociology
2013-2016

One Day Workshop on :

Relaxation and Stress Management

March 5: A One Day Workshop on Relaxation and Stress Management was jointly organised by the Department of Psychology, National Service Scheme (NSS) and Drug Awareness Club of Pachhunga University College on 5th March 2026 at the Synod Rescue Home, Durtlang.

The resource person was Ms. Zohmingawii, Clinical psychologist and an alumna of PUC. 69 inmates of the Rescue Home comprising of 61 males and 8 females participated in this Workshop. Apart from the training given by the resource person, psychological assessment was also conducted among the inmates. Depression, anxiety,



stress and brain pathology were measured and as many as 47 students from the Department of Psychology, NSS and club members of Drug

Awareness Club participated as facilitators for this programme. The students were accompanied by two faculty and 6 research scholars.

PUC donated 399 units of blood



March 10: The NSS Unit of Pachhunga University College (PUC), in collaboration with the Red Ribbon Club and the Pachhunga University College Students' Union (PUCSU), successfully organized two Voluntary Blood Donation Camps in March, contributing significantly to the Civil Hospital

Blood Bank. On March 10, a total of 205 units of blood were collected at the PUC ALH1 Hall, with 157 male and 48 female donors participating.

The initiative continued on March 17, when another camp held at the PUC Seminar Hall saw 194

units donated, including 127 male and 67 female donors. Medical staff from Civil Hospital, Aizawl, were present on both occasions to collect the donated blood. The programmes witnessed active participation from students and volunteers, reflecting strong community spirit and commitment to social service.

RESEARCH and publication

PUBLICATION

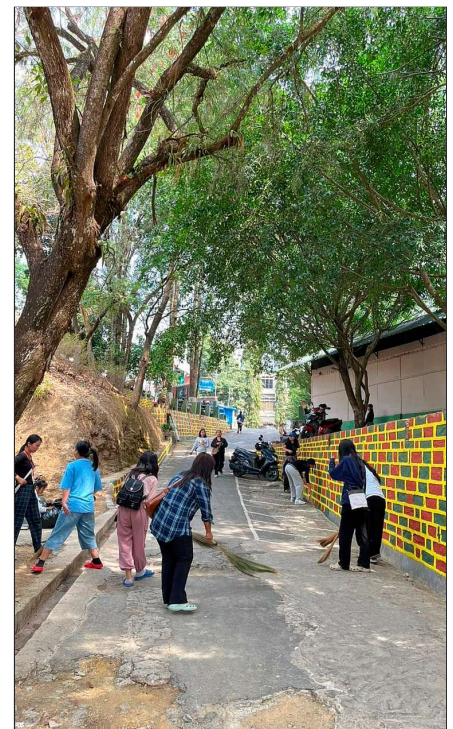
- **Dr. Margaret Z. Khiangte**, An academic paper titled *“Rural Inclusion in India: Sectoral Transformation, Labour, and Poverty”* by Dr. Margaret Z. Khiangte and Mr. Malsawmsanga has been accepted for publication in the journal Business, Management and Economics Engineering, ISSN: 2669-2481 / eISSN: 2669-249X, scopus index.
- **Dr Kulendra Chandra Das**, Associate Professor of Environmental Science, co-authored a research article titled *“Conservation insights for the Critically Endangered Black Softshell Turtle (Nilssononia nigricans) through a landscape genetics approach in South Asia”*, published in Scientific Reports, a journal of Springer Nature. The journal is indexed in Web of Science and Scopus, and has an Impact Factor of 4.6.
- **Dr Kulendra Chandra Das** (Associate Professor, Department of Environmental Science) and **Dr Zoramkhuma** (Assistant Professor, Department of Geography), along with **R. Lalruatdika**, a research scholar in Environmental Science, co-authored a research article titled *“Assessing vegetation health and fragmentation in Aizawl District using Normalized Difference Vegetation Index,”* published in the Journal of Environmental Biology, a Scopus-indexed journal with an impact factor of 0.7.
- **Dr Kulendra Chandra Das**, Associate Professor and Head of the Department of Environmental Science, served as the Guest Editor for the special section titled *“Environmental Pollution and Geo-hazards Monitoring”* in the Journal of Environmental Biology (January 2026 issue). This special section featured selected papers presented at the International Conference on Environmental Hazards in Mountainous Regions: Problems and Prospects (ICEHMRPP-2024), held from 21 to 23 February 2024, organised by the School of Earth Science and Natural Resource Management, Pachhunga University College.
- **Dr Kulendra Chandra Das**, Associate Professor, Department of Environmental Science; **Dr R. Ramthara**, Associate Professor, Department of Geography; and **Prof. Saitluanga Sailo**, Head of the Department of Geology, jointly edited a book titled *“Environmental Monitoring and Hazards in Mountainous Regions,”* published by South Eastern Book Agencies, a national publisher.
- **Dr H. Lalrinpuui and Dr Lallawmkimi**, Assistant Professors in the Department of Environmental Science, together with research scholar M. C. Lalropeki, co-authored a research article titled *“Assessment of the Relationship between Ground-Level Ozone and Meteorological Parameters in Aizawl, Mizoram,”* published in the Journal of Environmental Biology, a Scopus-indexed journal with an impact factor of 0.7.
- **Dr Mukesh Ranjan, Dr Lalpawimawha, and Dr R. Zoramthanga** (all Assistant Professors), along with Vanlalhriatsaka (Guest Faculty), jointly authored a research article titled *“Temporal Dynamics of Malaria in Mizoram: A District-wise Analysis”*, published in the Journal of Parasitic Diseases by Springer Nature. The journal is indexed in Scopus and included in the SCImago Journal Rank (SJR). It has an impact score of approximately 1.38.
- **Dr Saurav Kumar**, Assistant Professor in the Department of Geography, co-authored a research article entitled *“Perceptions of climate change and community adaptation in the Garhwal Himalaya: a case study of Rudraprayag district.”* The article was published in SN Social Sciences, a journal by Springer Nature, which has an impact factor of 1.5 and is indexed in Scopus and Web of Science.

Ph.D. Awarded



Prof. Bobby Beingachhi and her scholar Krishnamoni Saikia

Ms Krishnamoni Saikia, a research scholar in the Department of Geography, has been awarded the degree of Doctor of Philosophy by Mizoram University. She carried out her doctoral research entitled *“Heritage tourism and its impact on socio-economics in Sivasagar district, Assam”* under the supervision of **Prof. Bobby Beingachhi** and co-supervisor **Dr Ghanashyam Deka**, Associate Professor, Department of Geography, PUC (currently Principal, North Kamrup College, Baghmara, Assam).



PUC Ram Chhan Hnatlangpuui: Staff and students joined mass voluntary work to protect the campus on 20th March, 2026

Mass Voluntary Work to Protect PUC Campus Land



A united campus in action — teachers, staff, and students all joined hands in PUC Ram Chhan Hnatlangpui

March 20: Pachhunga University College (PUC) organised a mass voluntary work programme on Friday (20 March 2026), involving all staff and students, to prevent encroachment, misuse of land, and the outbreak of forest fires within the college campus. The initiative was named *PUC Ram Chhan Hnatlangpui*. Teachers, office staff, and students actively participated in the programme.

The campus land has frequently been subjected to encroachment. There have been incidents of soil and garbage dumping along the Aizawl bypass road, popularly known as World Bank Kawng, which passes through the campus. The area has also reportedly been misused by outsiders for activities such as alcohol consumption, drug distribution by peddlers, and other undesirable practices.

Recently, encroachments were again reported near the Petrol Pump area along the Aizawl bypass and towards the ITI Veng boundary. In addition, ongoing stone extraction from parts of the campus by operators of a nearby quarry, past incidents of tree felling within the campus, and applications for Land Settlement Certificates (LSC) within the campus boundary have made it increasingly necessary to safeguard the land.



During the dry season, the likelihood of forest fires on the PUC campus increases significantly, and minor fire incidents have occurred in the past. However, no major fire outbreak has been reported so far. As part of this mass voluntary work programme, campus cleaning was carried out by collecting dry leaves and removing other waste materials, particularly as a preventive measure against fire hazards.

In this context, it is crucial for students to develop awareness of the importance of protecting the PUC campus. Therefore, this collective initiative, involving the entire college community, was organised as an important step towards safeguarding the campus and maintaining its environment.



HISTORY DEPARTMENT'S VISIT TO OKM HOME

A Step Towards Social Awareness

March 9: On 9th March 2026, the Department of History of Pachhunga University College organized a Community Outreach Programme at Operation Kingdom Ministry (OKM) Home located at Phunchawng, Aizawl. The programme aimed to give students an opportunity to engage with the community and understand social issues such as substance abuse, rehabilitation, and spiritual guidance.

The VI Semester students contributed Rs. 50/ each, and the teachers contributed Rs. 500/- each towards this visit. Adding the Department fund to the contribution, the Department handed over gifts in kind and cash. Two bags of Dal, two bags of Nutrela, one bag of onion, three bags of potato, and a sum of Rs. 5000/- in cash was handed over to them. A total of 19 students from the VI Semester and four teachers participated in the outreach program.

The visit to Operation Kingdom Ministry Home was both educational and impactful, leaving students with a greater sense of social responsibility and awareness.

Online Celebration of World Poetry Day by Mizo Department

March 21: World Poetry Day (21st March) 2026 fell on a Sunday this year; therefore, the Mizo Department observed it on 20th March (Friday evening) through *Google Meet*. On this occasion, Dr. H. Laldinmawia, Head of the Department, delivered a brief message on *World Poetry Day*, highlighting the richness of Mizo heritage amidst global conflicts and emphasizing

the value of poetry. During the programme, faculty members and students had a meaningful session in which 10 students presented their own writings and recited poems in observance of World Poetry Day. The programme concluded with a vote of thanks delivered by the moderator, Dr. Reamlalthlamuanpuia, marking the end of the World Poetry Day celebration.

Mathematics Dept. observed 'Pi (π) Day'

March 12: The Department of Mathematics, Pachhunga University College, Aizawl, observed International *Pi Day* on 12 March 2026 at the Seminar Hall. The programme celebrated the significance of the mathematical constant π (Pi) and aimed to promote interest in mathematics among students. The event began with a welcome address by Dr. L. Thangmawia, Head of the Department, followed by a presentation on Pi. Students from different semesters actively participated in the activities, making the programme lively and engaging. The celebration successfully highlighted the importance and beauty of π in mathematics while encouraging enthusiasm and participation among students.

History Department observed 'State Day'

March 5: The Department of History organised a Special Lecture on 5 March 2026 in observance of Mizoram State Day, celebrated on 20 February. Professor J. V. Hluna, former Head of the Department, delivered the lecture. The event was initially scheduled for 20 February 2026 but was postponed after the day was declared a holiday by the Mizoram University authorities.

Mizo Department observed 'Theatre Day'

March 27: Mizo Department observed World Theatre Day on 27th March under the guidance of Dr. Enid H. Lalrammuani. Dr. Lalnunpuia Renthle, Asst. Professor delivered a lecture on "*Exploring the Future Development of Screenplay Writing in Mizo*," attended by VI Semester UG and all PG students. He highlighted the importance of Theatre Studies, its current status, and its relevance today.

STUDENTS' corner

Cleared JAM

March: Three students from the Department of Chemistry, Pachhunga University College (PUC), have successfully cleared the Joint Admission Test for Masters (JAM), marking a notable academic achievement for the institution. B. Lalenkawla, Daniel C. Vanlalhmuaaka, and Lalruatsaka (Batch 2022–2025) secured scores of 13.67, 12.33, and 11.33 respectively, surpassing the cut-off mark of 9.32 for Chemical Sciences under the ST category. PUC expressed pride in their accomplishment and extended best wishes for their continued success in future academic and professional pursuits.

Qualified GATE

March : Lalawmpuii of the Department of Geophysics, Pachhunga University College (PUC), has secured an impressive All India Rank of 67 in the Graduate Aptitude Test in Engineering (GATE) 2026 examination. A member of the 2025 batch, her achievement stands out as she surpassed the cut-off marks, with the ST category cut-off at 24.7 and the general cut-off at 37.1. The accomplishment has brought pride to the college, reflecting academic excellence and dedication in the field of geophysics.

Champion

March: The Pachhunga University College (PUC) team emerged as the Overall Champion at the 29th International Day of Action for Rivers celebrations, showcasing outstanding performance in various competitions and activities. The event, observed globally to promote river conservation and environmental awareness, saw active participation from institutions and organizations. The PUC team's achievement reflects its strong commitment to environmental responsibility and student engagement in sustainability initiatives.

PUC Students Excel in Viksit Bharat Youth Parliament 2026



March 9: Students of Pachhunga University College (PUC) delivered an outstanding performance in the Viksit Bharat Youth Parliament 2026, a national initiative aimed at engaging young minds in policy discussions and nation-building.

At the Aizawl District Level held on March 9 at Mizoram University, five PUC students participated, presenting speeches on "50 Years of Emergency: Lessons for Indian Democracy." Of the top five selected from the district, four were from PUC—Lalrinzuali Ralte, Lalnuzami, Kimberly Ramd-

inmawii, and Zomuanpuii—who advanced to the State Level.

The Mizoram State Level competition, held on March 25 in Aizawl, featured 29 participants from 10 districts speaking on "Union Budget 2026: Strengthening Indian Youth's Path Towards Viksit Bharat." Zomuanpuii secured the first position and, along with two others, will represent Mizoram at the national level in Delhi. The achievement highlights PUC students' active engagement in leadership, civic participation, and national discourse.

Workshop on Mindful Movement



March 13: Workshop on "Mindful Movement: Applying Progressive Muscle Relaxation in Sports" was jointly organized by Basketball Club, Green Ribbon Club, and Mental Health Clinic on March 13 at 2:00 PM. The event aimed to introduce MZU Sport participants to progressive muscle relaxation techniques to enhance sports performance and manage stress. Dr. Lalnunpuii, a Clinical Psychologist, shared insights on mindful movement and its impact on athletic performance. Participants practiced progressive muscle relaxation exercises tailored for sports. Along with the practical session, an interactive session focused on applying relaxation techniques in high-pressure situations was held.