



REPORT OF THE PROGRAMME OFFICER National Service Scheme (NSS)

Dr. Zoramdinthara, Programme Officer



The NSS Unit of Pachhunga University College is most premier NSS Unit in Mizoram and its came into existence in 1972. From the date of its inception, volunteers and Programme Officers of this unit have been already rendering their voluntary services for the expansion of NSS activities in taking up various programmes. At present this unit has Eight Programme Officers with the strength of eight units of eight hundred student's volunteers. Some major achievement during 2019-2020 may be given as follows.

Regular activities:

April 2019:

1. On 11th April 2019, TB Awareness Campaign was conducted at Jubilee Hall, Pachhunga University College. Dr. Lily Chhakchhuak, District TB Officer was resource person and in this Programme, 300 Students were participated.
2. On 12th March 2019 at 7:30 Pm, TB Awareness Campaign was Organized at Girls Hostel, Pachhunga University College. In this Programme, Dr. Lily Chhakchhuak was resource person. In this Programme 120 male volunteer and One PO participated.
3. On 12th April 2019, Cleanliness Programme was conducted at College campus, Pachhunga University College and in this Programme, 530 volunteers were participated

May 2019:

1. On 20th May 2019, social works Programme was conducted at the college campus and in this Programme, 70 male and 30 female volunteers were participated. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.



2. On 14th May 2019, Dr Zoramdinthara has attended NSS Programme Officer meeting at SNO Office to chalk out detail Programme for Observance of Green Mizoram day 2019.

June 2019:

1. On 12th June 2019, social works Programme was conducted at the college campus and in this Programme, 20 male and 10 female volunteers were participated.
2. On 14th June 2019, NSS Unit Pachhunga University College was awarded First Prize Award in the Voluntary Blood Donation 2018-2019 by ABVD and MSACS. The Award carries citation and kind and it was received by Dr.Tawnenga Principal.
3. On 14th June 2019, Dr Zoramdinthara has attended Review on end of the project by World Vision care Project.
4. On 11th June 2019, Green Mizoram day was observed at NSS Plantation site, World Bank road near Sumsuih. 21 male and 4 female volunteer with one PO were participated. 30 sapling also planted.
5. On June 21st, 2019, International Yoga Day was observed at the College. In this programme 40 volunteers with one PO were participated and lecture on importance of Physical exercise was delivered by Dr. Zoramdinthara, PO.

July 2019

1. NSS Unit of Pachhunga University College is very fortunate to have an opportunity to send two volunteer namely Laetitia Lalrinngheti and Lalnunpuia Renthlei as part of Indian Youth Delegation to China from 2nd to 9th July 2019. As per participation report given by Ravi Kumar Sinha, Under Secretary, Ministry of Youth Affairs, Government of India, LaetitiaLalrinngheti and Lalnunpuia Renthlei were actively participated in all the events and displayed good behavior during the programme.
2. On 3rd July 2019, a building was collapsed in Durtlang area and three persons were died. The incident happened on late Tuesday evening when the building constructed under the Basic Services for Urban Poor was collapsed. To do the relief works, 30 volunteers, members of Adventure club and their leader, MsZD Lalremthangi with one NSS PO Dr. Zoramdinthara, the NSS Unit of Pachhunga University College were participated.
3. On 12th July 2019, Our Institution was awarded Certificate of Appreciation due to outstanding performance in Voluntary Blood Donation 2018-2019 by Association for Voluntary Blood donation and MSACS. In this porgramme, Dr. Zoramdinthara and Malsawmdawngliana PO attended.





4. On 22.07.2019, cleanliness cum social work programme was organized at the College campus. In this programme, 100 male and 60 female volunteers of this institution were actively participated.
5. On 9.07. 2019, cleanliness programme was organized at the College campus. In this programme 120 male volunteer 70 females were participated in the programme.

August 2019:

1. On 2nd August 2019, NSS Orientation Programme was held at our college and in this programme 900 volunteers were participated and Dr. Zoramdinthara Delivered role and importance of NSS.
2. On 23.08. 2019, Video conferencing on Fit India movement was conducted at Video Conference hall, IT Department, Government of Mizoram. In this Programme our volunteers, Laetitia Lalrinngheti and Lalnunpuia Renthlei were participated.
3. On 29th August 2019, Fit India Movement programme was organized at Seminar Hall, Pachhunga University College. In this programme 130 volunteers with five Programme Officer were participated and take pledge for Fit India movement.
4. On 29th August 2019, Blood Donation Camp was organized at Seminar Hall, Pachhunga University College. In this programme, around 500 volunteers with eight Programme Officers were participated. In this donation camp, 180 units of blood were donated and out which 96 were male and 84 were female. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.

September 2019:

1. On 2nd September 2019, SBI Yono Apps Campaign was organized at the college. In this programme, Regional Branch Manager Mr JM Dawnga with five SBI Officer gave lecture on how to utilize SBI YONO Apps. In this programme around 500 volunteers were participated.
2. On 6th September 2019, Mass Cleanliness Programme was conducted at the College. In this Programme, around 500 Volunteers were participated with all Programme Officers were participated.
3. On 10th September 2019, 50 Volunteers our this institution were participated at the Mass Cleanliness Programme at Aizawl Street and Lammual area which is organized by All NSS Unit of Aizawl.



4. On 20th September 2019, another blood donation camp was organised at the seminar Hall of the college, in this donation camp, 148 units of blood were collected. Out of which, 106 are male and 42 are female.
5. On 20th September 2019, cleanliness programme was conducted at College Campus. In this Programme, all PO with 600 volunteers were participated.

October 2019:

1. National Voluntary Blood Donation day was observed at the College Seminar Hall in collaboration with MSACS and NSS Unit, Pachhunga University College. In this programme, Dr. Vanlalţanpuia MLA and Chairman, Mizoram Youth Commission was Chief Guest and in his speech, he also stressed about current scenario and importance of Voluntary Blood Donation in the society. After the function of National Voluntary Blood donation day Programme was over, Voluntary Blood Donation Camp was organized in the same venue. In this donation camp, 166 Units of blood were donated and out of which 123 male and 43 female volunteer have donated their valuable blood for the needy patients.
2. On 22nd October 2019, Blood Donation Camp was organized at Seminar Hall, Pachhunga University College. In this programme, around 500 volunteers with eight Programme Officers were participated. In this donation camp, 88 units of blood were donated and out which 70 were male and 18 were female. In this Voluntary Blood donation Programme, all the NSS Programme Officers of this institution are presented.
3. On 25.10. 2019, Cleanliness cum social work programme was organized at the College campus. In this programme, all the Programme Officer with 160 male and 50 female, total 220 were actively involved in the programme.
4. On 31st October 2019, National Unity Day was observed at the College and around 200 volunteers were participated. Pledge taking was also conducted.

November 2019:

1. On 14th November, Cleanliness cum social works programme was organized at the college campus including classroom. In this programme, 120 male and 60 female volunteers were participated.
2. On 15th November 2019, 28 male and 20 female volunteers of this unit were actively participated in the National Seminar on Resuscitating MafaaHauhna: Contemporary perspective on his essays and poetry.

December 2019:

1. On 3rd December 2019, Dr. Zoramdinthara attended and presented power point presentation on Benefit of Blood donor at Training on Capacity Building of





Leadership and Personality Development through life skill at Government Zirtiri College organized by Regional Director, NSS Guwahati and NSS Cell Mizoram and NSS Unit, Government of Zirtiri Res SC College.

2. Again on 5th December 2019, Dr. Zoramdinthara attended and has presented power point presentation on Benefit of Blood donor at Training on Capacity Building of Leadership and Personality Development through life skill at Government Serchhip College which was organized by Regional Director of NSS, Gauhati and NSS Cell, Mizoram and NSS Unit, GovtSerchhip College.
3. On 2nd December 2019, Mass Cleanliness Programme was conducted at the College. In this Programme, around 100 Volunteers were participated.

January 2020:

1. 17th January 2020, mass cleanliness programme was organized at College campus. In this programme, 130 male and 70 female volunteers with all Programme Officers were participated.
2. On 24th January 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 300 Volunteers were participated.
In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.
3. On 31st January 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 250 Volunteers were participated.

February 2020:

1. In view of Voluntary Blood Donation Camp to be organized on 7th February 2020 at the College, On 5th and 6th February 2020, Voluntary Blood donation Campaign was organised at the College.
2. On 7th February 2020, Voluntary Blood donation camp was organised at the College Campus and in this blood donation camp, 61 female and 157 male total 218 units of Blood were collected. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.
3. On 14th February 2020, 40 NSS Volunteers from this institution were participate as volunteer in the Valentine Voluntary Blood donation camp at Dawrpui Multipurpose Hall, which is organised by AVBD Mizoram.





4. On 24th February 2020, Sir Dipak Sharma, Regional Director NSS and Dr. Zirliangura SNO, Mizoram visited our Unit. Fortunately, we have a chance to visited our campus including our college plantation site.
5. On 28th February 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 350 Volunteers were participated. In this programme, all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara were actively participated.
5. On 28th February 2020, Mass Cleanliness Programme was conducted at the College. In this Programme, around 270 Volunteers were participated.

March 2020:

1. On 4th March 2020, Dr. Zoramdinthara delivered a lecture on Benefits of Blood Donor at the Inter Institutional Camp on Leadership and Personality Development at Govt. Zirtiri Res. Sc. College organised by NSS Cell Mizoram and Regional Directorate, Guwahati.
2. In view of Voluntary Blood Donation Camp to be organised on 16th March 2020 at the College, on 12th and 13th March 2020, Voluntary Blood Donation Campaign was organised at the College. In this Blood donation Campaign, all Art departments in the College consists of 600 male volunteers and 450 female volunteers who actively participated. Campaign was headed by Dr. Zoramdinthara with selected peer donor volunteer.
3. Voluntary Blood Donation Camp was organised at the College Campus on 16th March 2020 and in this Blood Donation Camp, 119 female and 154 male total 273 units of Blood were donated. This Voluntary Blood Donation Camp was also graced by Dr. Zirliangura SNO. In this programme all Programme Officers namely- Dr. Esther Lalthlankimi, Dr. Jamie Zodinsangi, Dr. Vanlalveni Pachuau, Dr. R. Ramthara, Dr. Lalmuanpuia Vanchhawng, Zothanmawia, MS Dawngliana and Dr. Zoramdinthara actively participated.

Special Camping:

Special Camping programme was successfully carried out at adopted village Dulte during 18th- 24th November 2019. During this campaign, the following programmes were successfully carried out- Construction of one Waiting Shed at Dulte Village Public Symmetry, Cleanliness Drive, Awareness Campaign on Fire Prevention.

