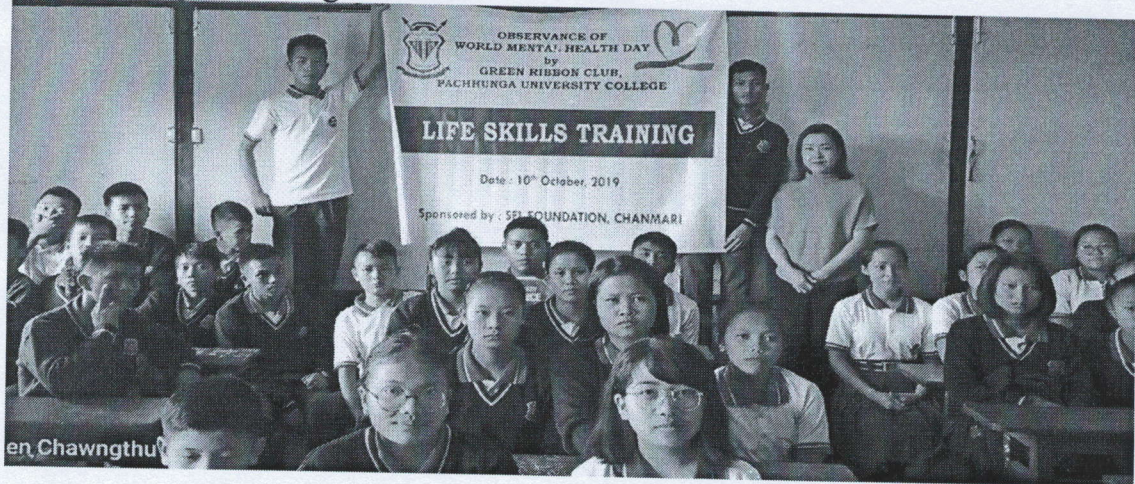
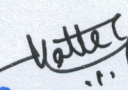


Observance of the World Mental Health Week:

The Department of Psychology, in collaboration with the Green Ribbon Club, observed the World Mental Health Week. On 10th October, 2019 i.e. the World Mental Health Day, *Life skills training* was given at three government schools namely, primary, middle and high schools at College Veng area. As many as 200 students participated in this training. The resource persons were, Prof Rinpari Ralte, Dr. Saichampuii Sailo, Mrs. Lalthantluangi Sailo, Dr. C Zothanmawia and Mr. Samuel Vanlalruata at the high school. Dr. Lalropuii and Mrs. Lalhmingmawii at the middle school and Dr. Vanlalveni Pachuau and Dr. Rosie Vanlalmangaihi at the primary school. The students were taught personal hygiene, good touch bad touch, decision making, assertiveness and harmful effects of substance abuse ec. The programme was sponsored by SEL Foundation, Chanmari.

Pic:Life-skills Training in schools




Coordinator
Internal Quality Assurance Cell
Pachhunga University College
(A constituent college of Mizoram University)




Principal
Pachhunga University College
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