



PACHHUNGA UNIVERSITY COLLEGE

(A Constituent College of Mizoram University)

NAAC Accredited A+ Institution

UGC College with Potential for Excellence

Aizawl - 796001 : Mizoram, India

CERTIFICATE OF COMPLETION

This is to certify that

Timothy Lalhmaihzela

Vth semester has successfully completed a minor research project titled "A

Study on the Relationship of Stress and Coping
Strategies among college students of PVC".

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Ralte

Prof. Rimpari Ralte
Head and Supervisor

Place : Aizawl

Dated: 8/10/2019



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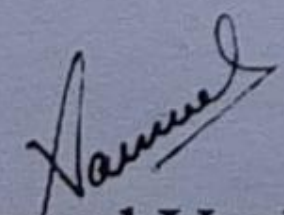
This is to certify that

Lallaumzuali Fanai

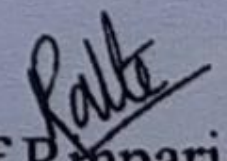
Vth semester has successfully completed a minor research project titled "A

Study of Stress and Aggression among Mizo Higher
Secondary School Students".

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
similar title or recognition


Samuel Vanlalruata
Supervisor

Place : Aizawl
Dated: 8/10/2019


Prof. Rinpri Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

Vanlalthai

Vth semester has successfully completed a minor research project titled "A Study of Aggression among PUC Hostellers"

under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Lalthantluangi Sailo
Supervisor

Place : Aizawl

Dated: 8/10/2019

Prof. Rimpri Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

Esther Lalngilneii

Vth semester has successfully completed a minor research project titled "A

Study of the Relationship between Stress and Academic
Achievement among College Students in Aizawl"

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Samuel
Samuel Vanlalruata
Supervisor

Place : Aizawl
Dated: 8/10/2019

Ralte
Prof. Rimpri Ralte
Head



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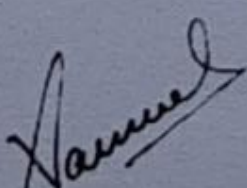
Lalnunsiami

Vth semester has successfully completed a minor research project titled "A

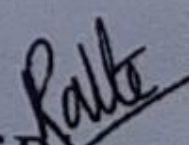
Study of Stress and Aggression among Mizo Higher
Secondary School Students"

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Samuel Vanlalruata
Supervisor

Place : Aizawl
Dated: 8/10/2019


Prof. Rinpai Ralte
Head



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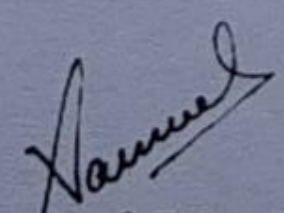
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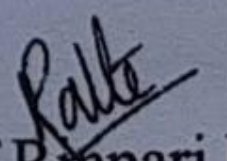
Lallanumzuali Hauhmar

Vth semester has successfully completed a minor research project titled "A
Study of Stress and Aggression among Mizo Higher
Secondary School Students"

under the department of Psychology, Pachhunga University College
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Samuel Vanlalruata
Supervisor

Place : Aizawl
Dated: 8/10/2019.


Prof. Rimpri Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

J. Lalliantluanga

Vth semester has successfully completed a minor research project titled "A

Study of the relationship between Stress and Anxiety
among Mizo Young Adults"

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
similar title or recognition

Lalthantluangi Sailo
Supervisor

Place : Aizawl

Dated: 8th October, 2019

Prof. Rinpri Ralt
Head



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CERTIFICATE OF COMPLETION

This is to certify that

L. Lalmaizuala.

Vth semester has successfully completed a minor research project titled "A

Study on Examining the relationship between Stress
and Self-Efficacy among Higher Secondary School Students in
Aizawl"

under the department of Psychology, Pachhunga University College

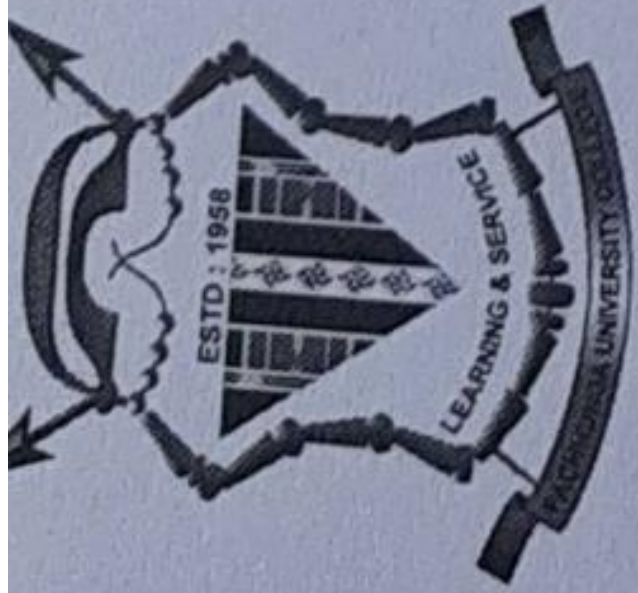
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Ralte

Prof. Rinpari Ralte
Head and Supervisor

Place : Aizawl

Dated: 8th October, 2019



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This is to certify that

Lalhriatpuii

Vth semester has successfully completed a minor research project titled "A
Study of the Relationship between Stress and Education
amongst Higher Secondary School Students"
under the Department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship or any other
similar title or recognition

ChamSailo
Dr. Saichampuii Sailo
Supervisor

Place : Aizawl

Dated: 8th October, 2019

Ralte
Prof. Rinpai Ralte
Head



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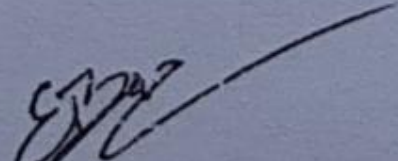
This is to certify that

Lucy Lalthanmawii Ralte

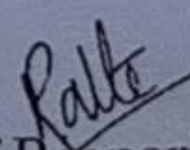
Vth semester has successfully completed a minor research project titled "A

Study of Frustration among Adolescents in Aizawl"

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
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Ebenezer Laldusaka
Supervisor

Place : Aizawl
Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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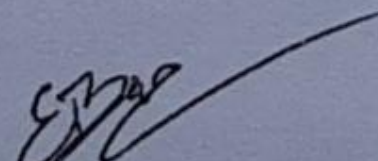
This is to certify that

R.C. Lalengmauii

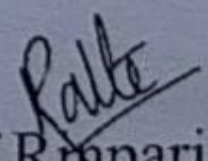
Vth semester has successfully completed a minor research project titled "A

Study on the Stress level among Higher Secondary School
Students in Aizawl.

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
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Ebenezer Laldusaka
Supervisor

Place : Aizawl
Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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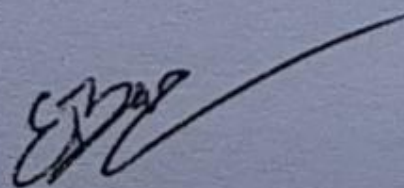
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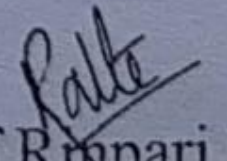
This is to certify that

Jyia Riba

Vth semester has successfully completed a minor research project titled "To study the Relationship between Emotional Maturity and Stress Level among college Students of Pachhunga University College" under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Ebenezer Laldusaka
Supervisor

Place : Aizawl
Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

David Lakemthluanga

Vth semester has successfully completed a minor research project titled "A

Study on Study Habits and Educational Aspiration
among Mizo High School Students".

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
similar title or recognition

Ralte
Prof. Rinpai Ralte
Head and Supervisor

Place : Aizawl

Dated: 8th October, 2019



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CERTIFICATE OF COMPLETION

This is to certify that

N. Lahochari

Vth semester has successfully completed a minor research project titled "Study of Stress, Self-esteem and Peer Pressure among Mizo Adolescents"

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
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Ralte

Prof. Rinpai Ralte
Head and Supervisor

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CERTIFICATE OF COMPLETION

This is to certify that

Lalmunmauia

Vth semester has successfully completed a minor research project titled Study of Pachhunga University College Students on Stress and Life Satisfaction ⁶⁶ A

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
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Ralte

Prof. Rinpai Ralte
Head and Supervisor

Place : Aizawl

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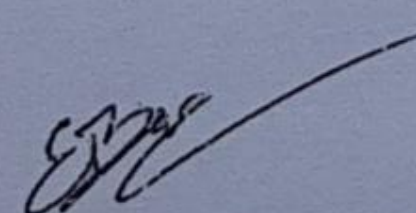
Malsaumkimi

Vth semester has successfully completed a minor research project titled "A

Study of the relationship between Study Habits and Educational Anxiety among Higher Secondary School Students".

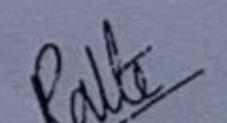
under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Ebenezer Laiduhsaka
Supervisor

Place : Aizawl

Dated: 8th October 2019


Prof. Rimpri Ralte
Head



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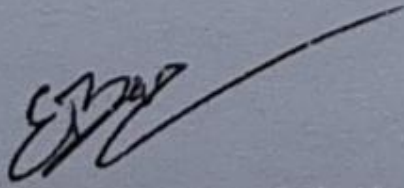
CERTIFICATE OF COMPLETION

This is to certify that

Zodinpuii

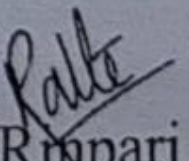
Vth semester has successfully completed a minor research project titled "A Study of Emotional Intelligence among Higher Secondary School Students"

under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Ebenezer Laldusaka
Supervisor

Place : Aizawl

Dated: 8th October, 2019


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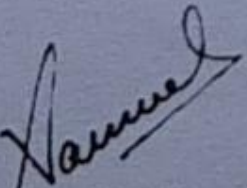
This is to certify that

Laltlankimi

Vth semester has successfully completed a minor research project titled "A


Study of Perceived Parenting among College Students in
Aizawl".

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
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Samuel Vanlalruata
Supervisor

Place : Aizawl

Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

H. Lalhriatzuali

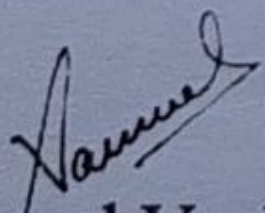
Vth semester has successfully completed a minor research project titled "A

Study of Stress and Aggression among Myo Higher


Secondary School Students"

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Samuel Vanlalruata
Supervisor

Place : Aizawl
Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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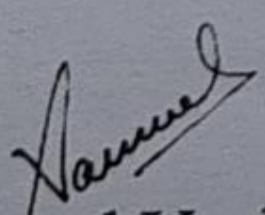
Lalrinpuii

Vth semester has successfully completed a minor research project titled "A

Study of Stress and Aggression among Mizo Higher
Secondary School Students"

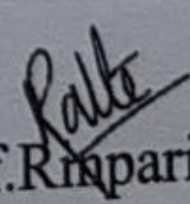
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Samuel Vanlalruata
Supervisor

Place : Aizawl

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Head



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This is to certify that

Lalnunsangi

Vth semester has successfully completed a minor research project titled "A study of the relationship between Stress and Peer Pressure among College Students"

under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar title or recognition

ChamSailo
Dr. Saichampuii Sailo
Supervisor

Place : Aizawl
Dated: 8th October, 2019

Ralte
Prof. Rinpai Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

Lakruatsangi Toichhawng.

Vth semester has successfully completed a minor research project titled "Examining the relationship between Stress and Self-Efficacy among Higher Secondary School students in Aizawl"

under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar title or recognition

ChamSailo
Dr.Saichampuii Sailo
Supervisor

Place : Aizawl
Dated: 8th October, 2019

Ralte
Prof.Rinpari Ralte
Head



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CERTIFICATE OF COMPLETION

This is to certify that

J. Lalthanpari

Vth semester has successfully completed a minor research project titled "A

Study of Relationship between Self-Esteem and Stress
among Adolescents".

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship or any other
similar title or recognition

ChamSanto
Dr.Saichampuii Sailo
Supervisor

Place : Aizawl

Dated: 8th October, 2019

Ralte
Prof.Rinpari Ralte
Head



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This is to certify that

Lalduhauemi

Vth semester has successfully completed a minor research project titled "A

Study of the relationship between Suicide Probability and
Self-Esteem among Substance Abusers".

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship or any other similar title or recognition

ChamSailo
Dr.Saichampuii Sailo
Supervisor

Place : Aizawl

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Ralte
Prof.Rinpari Ralte
Head



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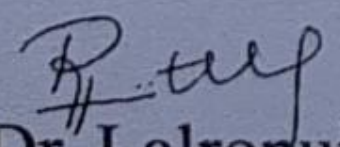
Lalhmunsiami

Vth semester has successfully completed a minor research project titled "A

Study on Gender Differences on Marital Adjustment
between Mizo Married Couples among Nuclear and Joint families"

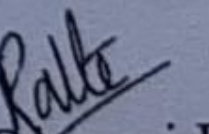
under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Dr. Lalropuii
Supervisor

Place : Aizawl

Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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This is to certify that

Angie L. Ngwardingpuii

Vth semester has successfully completed a minor research project titled "A

Study on Gender Differences on Marital Adjustment
between Mizo Married Couples among Nuclear and Joint families"

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Dr. Lalropuii
Dr. Lalropuii
Supervisor

Place : Aizawl

Dated: 8th October, 2019.

Prof. R. Ralte
Prof. R. Ralte
Head



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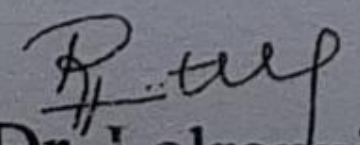
CERTIFICATE OF COMPLETION

This is to certify that

Samuel Zothansanga

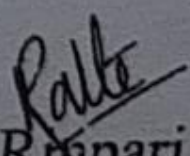
Vth semester has successfully completed a minor research project titled "A Study on Gender Difference on Marital Adjustment between Mizo married couples in Nuclear and Joint Families"

under the department of Psychology, Pachhunga University College as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition


Dr. Lalropuii
Supervisor

Place : Aizawl

Dated: 8th October, 2019


Prof. Rimpri Ralte
Head



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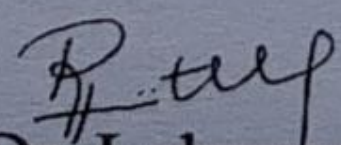
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This is to certify that

K. Lalnunpari

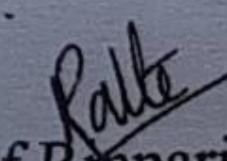
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Dr. Lalropuii
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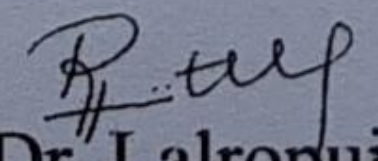
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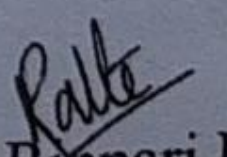
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Dr. Lalnunpuii
Supervisor

Place : Aizawl

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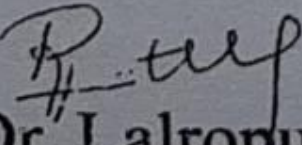
CERTIFICATE OF COMPLETION

This is to certify that

Lalchhandama

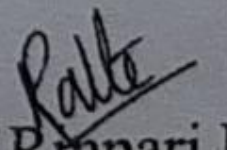
Vth semester has successfully completed a minor research project titled "A Study on gender difference on marital adjustment between mixed married couples in nuclear and joint families".

under the department of Psychology, Pachhunga University College
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Dr. Lalropuii
Supervisor

Place : Aizawl

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Prof. Rinpai Ralte
Head



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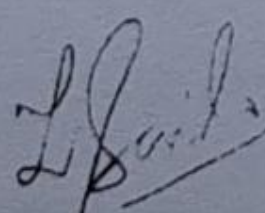
Vanlabmalsaumtlingi

Vth semester has successfully completed a minor research project titled "A

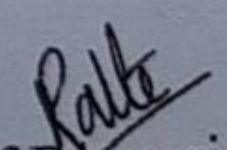
Study of Death Anxiety among Pachhunga University

College Students"

under the department of Psychology, Pachhunga University College
as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously
formed the basis for the award of any degree, diploma, associateship, fellowship, or any other
similar title or recognition


Lalthantluangi Sailo
Supervisor

Place : Aizawl
Dated: 8th October, 2019


Prof. Rinpri Ralte
Head



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Aizawl - 796001 : Mizoram, India

CERTIFICATE OF COMPLETION

This is to certify that

Minni Lalchhanhimi

Vth semester has successfully completed a minor research project titled "A Study of the Relationships between Stress and Adjustment among Kawnpui Higher Secondary School Students"

under the department of Psychology, Pachhunga University College

as a part of fulfilment of the Under Graduate Course in Psychology. This project has not previously formed the basis for the award of any degree, diploma, associateship, fellowship, or any other similar title or recognition

Lalthantluangi Sailo
Supervisor

Place : Aizawl

Dated: 8th October, 2019

Prof. Rimpri Ralte
Head