

**PUC FINISHING SCHOOL**  
**TENTATIVE PROGRAM 2020**

<b>Date &amp; Day</b>	<b>Time</b>	<b>Topic</b>	<b>Resource Person</b>	<b>Hosts</b>
21 <sup>st</sup> December 2020 (Monday)	8:30 - 9:30 pm	Interpersonal Relationship & Communication Skills	Dr C Zothanmawia, Dept of Psychology, MZU	Lalhmingmawii & Dr. Rinpari Ralte
22 <sup>nd</sup> December 2020 (Tuesday)	8:30 - 9:30 pm	Decision Making & Problem Solving Skills	Dr Rinpari Ralte, Head, Dept of Psychology, PUC	Dr David Zothansanga & Lalhmingmawii
28 <sup>th</sup> December 2020 (Monday)	8:30 - 9:30 pm	Awareness on General Aptitude and Reasoning Skills	Natalia Rosangliani Sailo, Faculty, MS Academy Coaching Institute for Civil Service Aspirants	Dr David Zothansanga & Lalhmingmawii
29 <sup>th</sup> December 2020 (Tuesday)	8:30 - 9:30 pm	Legal Awareness for Youths	T. Lalnunsiamia Advocate	Lalhmingmawii & Dr Rinpari Ralte
30 <sup>th</sup> December 2020 (Wednesday)	8:30 - 9:30 pm	Promoting Mental Health for Life	Prof HK Laldinpuii Fente, Head, Dept of Psychology, MZU	Dr Rinpari Ralte & Dr David Zothansanga

**NOTE:**

1. Online Platform – Zoom / WebEx.
2. Participants will be selected from 2020 graduating batch by all departments of the college. HODs will be requested to select the participants.
3. Minimum participants will be 5 per department.
4. Feedback form will be provided for each session and only those who submit all the feedback forms will be issued participation certificate.

**COORDINATORS:**

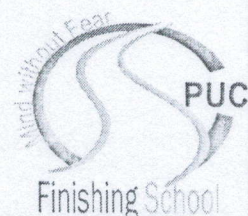
Dr David Zothansanga

Dr Rinpari Ralte

Lalhmingmawii



**PACHHUNGA UNIVERSITY COLLEGE  
FINISHING SCHOOL SCHEDULE  
2019**

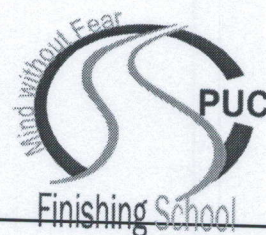


Date	Time	
	10:00 AM - 12:00 PM	12:45 PM - 2:45 PM
16/5/2019	Inaugural	Interview Skills (Lallungmuana)
17/5/2019	Language Skills Day 1 (Henry Lalmawizuala & V. Lalmalsawmi)	
20/5/2019	Language Skills Day 2 (Henry Lalmawizuala & V. Lalmalsawmi)	
21/5/2019	Manners and Etiquette (Dr. Ruby Zothankimi)	Dress Code & Health Education (Susan R. Ralte)
22/5/2019	First Aid (Durtlang Hospital)	
23/5/2019	Financial Management (Rinzuala)	Mushroom Cultivation (Albana L. Chawngthu)
27/5/2019	Family Administration (Dr. C. Lalhrekima)	Interactive session
28/5/2019	Life Skills - Decision Making (Lalremruati)	Life Skills - Self Awareness Building Skills, Empathy & Understanding Emotions (Lal Thantluangi Sailo)
29/5/2019	Life Skills - Stress & Anger Management (Dr. Zothanzami)	Life Skills - Interpersonal Relationship Skills (Dr. Saichampuii Sailo)
30/5/2019	Government Administration (Dr. Irene Lahlimpuii)	Human Rights (Vanramchhuangi)
31/5/2019	Fitness and Nutrition (Zodinpuui & Winkle Laltlanchhunga)	
3/6/2019	Entrepreneurship Skill (Joseph L. Ralte)	
4/6/2019	Cooking (Lalchhuanliani, ITI)	
5/6/2019	Mizo Traditional Values (Lalrinmawia Sohnel)	History and Culture of India and Mizoram (H. Laldinmawia)
6/6/2019	Self Defense (C. Hmingthangvunga, Karate Coach, SAI)	
7/6/2019	Career Guidance (John LT Sanga)	Valedictory

**Note : Break will be for 45 minutes (12:00 PM to 12:45 PM)**



**PACHHUNGA UNIVERSITY COLLEGE  
FINISHING SCHOOL SCHEDULE  
2018**



Date	Time	
	10:00 AM - 12:00 PM	12:45 PM - 2:45 PM
29-05-2018	Inaugural	Interview Skills (Lallungmuana)
30-05-2018	Communication Skills Day 1 (Henry Lalmawizuala & Dr. Jamie Zodingsangi Hrahse)	
31-05-2018	Communication Skills Day 2 (Henry Lalmawizuala & Dr. Jamie Zodingsangi Hrahse)	
01-06-2018	Manners and Etiquette / Dress Code / Health & Hygiene (Lucy Sailo)	
04-06-2018	Career Guidance (Alan Lalthanzara)	Government Administration (Lalrohluia)
05-06-2018	First Aid (Durtlang Hospital)	
06-06-2018	History and Culture of India and Mizoram (H. Laldinmawia)	Mushroom Cultivation (Albana L. Chawngthu)
07-06-2018	Life Skills - Decision Making (Dr. Rinpari Ralte)	Life Skills - Self Awareness Building Skills, Empathy & Understanding Emotions (Dr. Lalropuii)
08-06-2018	Life Skills - Stress & Anger Management (Dr. Saichampuii Sailo)	Life Skills - Interpersonal Relationship Skills (Lal Thantluangi Sailo)
11-06-2018	Human Rights (Vanramchhuangi)	Self Defense (C. Hmingthangvunga, Karate Coach,SAI)
12-06-2018	Family Administration (Dr. Tawnenga)	Self Defense (C. Hmingthangvunga, Karate Coach,SAI)
13-06-2018	Entrepreneurship Skill (Joseph L. Ralte)	
14-06-2018	Cooking (Lalchhuanliani, ITI)	
18-06-2018	Fitness and Nutrition (Zodinpuii & Winkle Laltlanchhunga)	
19-06-2018	Art Appreciation (Aizawl Art Gallery)	
20-06-2018	Mizo Traditional Values (Lalrinmawia Sohnel)	Valedictory

**Note : Break will be for 45 minutes (12:00 PM to 12:45 PM)**



**PACHHUNGA UNIVERSITY COLLEGE  
FINISHING SCHOOL 2017 SCHEDULE**

<b>Date</b>	<b>10:00 AM – 12:00PM</b>	<b>12:30 PM – 2:30 PM</b>
18/05/17	Inaugural	<b>Interview Skills</b> (Lallungmuana)
19/05/17	<b>Communication Skills</b> (Dr.Lalbiaksangi Chawngthu)	<b>Mushroom Cultivation</b> ( (Dr. Vanramliana)
22/05/17	<b>Disaster Management</b> (Dr.Lalrokima Chenkual)	
23/05/17	<b>Manners and Etiquette/ Dress Code</b> (Lucy Sailo)	
24/05/17	<b>Human Rights</b> (Vanramchhuangi)	<b>Computer Application</b> (Mapuia, IRC)
26/05/17	<b>Flower Arrangement</b> (Zosangliani)	
29/05/17	<b>Role of NGOs for preservation of Mizo Culture</b> (CYMA)	<b>Hygiene &amp; Cleanliness</b> (Zoliana Royte)
30/05/17	<b>Financial Management</b> (Lalsangkimi)	<b>Driving Etiquette</b> (Traffic SP)
31/05/17	<b>First Aid</b> (Durtlang Hospital)	
01/06/17	<b>Cooking</b> (Lalchhuanliani, ITI)	
02/06/17	<b>Cooking</b> (Lalchhuanliani, ITI)	
05/06/17	<b>Beauty culture</b> (Veuwy Beauty Concept- VBC)	
06/06/17	<b>Life Skills – Decision Making</b> (Dr.Rinpari Ralte)	<b>Life Skills – Self Awareness Building Skills, Empathy &amp; Understanding Emotions</b> (Lalropuii)
07/06/17	<b>Life Skills – Stress Management &amp; Anger Management</b> (Dr.Saichampuii Sailo)	<b>Life Skills – Interpersonal Relationship Skills</b> (Lal Thantluangi Sailo)
08/06/17	<b>Environment Awareness</b> (Principal)	<b>Art Appreciation</b> (Aizawl Art Gallery)
09/06/17	<b>Self Defence</b> (C. Hmingthangvunga, Karate Coach, SAI)	
12/06/17	<b>History &amp; Culture of India and Mizoram</b> (Laldinmawia)	<b>Adolescent Psychology</b> (Dr.T.Lalhmailhi)
13/06/17	<b>Fitness &amp; Nutrition</b> (Magnus GYM)	
14/06/17	<b>Mizo Traditional Values</b> (Vanneihtluanga)	Valedictory

**Course Coordinators:**

1. Dr. Rinpari Ralte	9436158367
2. Vanlalveni Pachuau	9089674067
3. Lal Lawmzuali	9612178950
4. Lalropuii	9774376049

Pachhunga University College  
Finishing School Routine  
2016

Date	Forenoon	Afternoon
30.5.16	Manners and Etiquette/ Dress Code (9:30 - 2:30)	
31.5.16	Communication Skills (9:30-12:30)	Photography (1:30-2:30)
1.6.16	Brief History and culture of India and Mizoram (9:30-11:30)	Child Care and Child Psychology (12:30-2:30)
2.6.16	Cooking	
3.6.16	Cooking	
6. 6. 16	Floriculture and Flower Arrangement	
7. 6.16	Life Skills	
8.6.16	Disaster Management (9:30-12:30)	Financial Management (1:30-3:30)
9.6.16	First-Aid (9:30-12:30)	Hygiene and Cleanliness (1:30-3:30)
10.6.16	Beauty Culture (9:30-1:30)	Home Appliances (2:30-3:30) Interview Skills (1:30-3:30)
13.6.16	Career Guidance (9:30-12:30)	
14. 6. 16	Fitness and Nutrition	
15.6.16	Music 9:30-11:30	Valedictory

Coordinators- Dr David Zothansanga, Lallawmzuali, Vanlalveni Pachuau