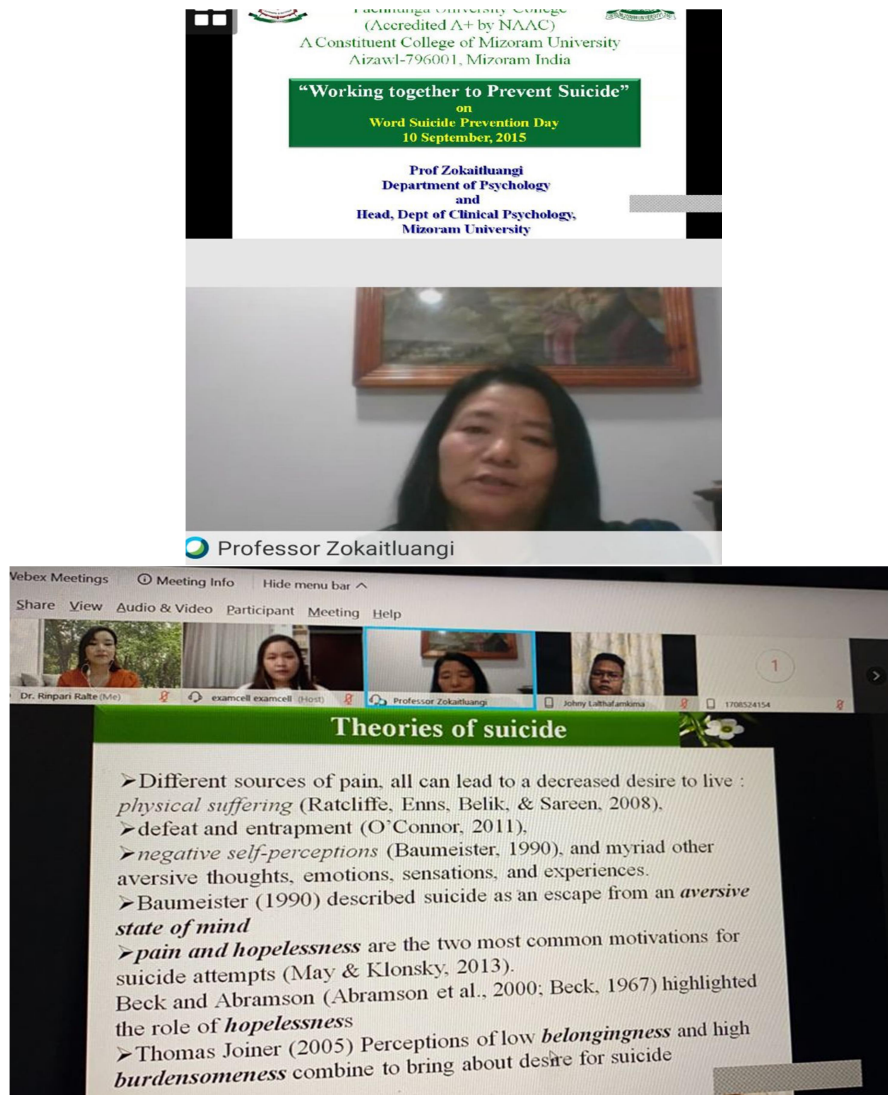


DEPARTMENT OF PSYCHOLOGY

Special Webinar:

The Department of Psychology organized a special webinar on the 10th September 2020, i.e. the World Suicide Prevention Day with the theme “Working Together to Prevent Suicide” to raise awareness about suicide and ways to prevent suicide prevention activities from 8:30 p.m. The Resource Person for this event was Professor Zokaitluangi, Head, Department of Clinical Psychology, Mizoram University and around 200 participants attended this event.



Mizoram University Campus
(Accredited A+ by NAAC)
A Constituent College of Mizoram University
Aizawl-796001, Mizoram India

“Working together to Prevent Suicide”
on
World Suicide Prevention Day
10 September, 2015

Prof Zokaitluangi
Department of Psychology
and
Head, Dept of Clinical Psychology,
Mizoram University

Professor Zokaitluangi

Webex Meetings Meeting Info Hide menu bar ^

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Dr. Rinpari Ralte (5:41) examcell examcell (3:00) Professor Zokaitluangi Johnny Luthlarkansa 1708524154

Theories of suicide

- Different sources of pain, all can lead to a decreased desire to live : *physical suffering* (Ratcliffe, Enns, Belik, & Sareen, 2008).
- defeat and entrapment (O'Connor, 2011).
- *negative self-perceptions* (Baumeister, 1990), and myriad other aversive thoughts, emotions, sensations, and experiences.
- Baumeister (1990) described suicide as an escape from an *aversive state of mind*
- *pain and hopelessness* are the two most common motivations for suicide attempts (May & Klonsky, 2013).
- Beck and Abramson (Abramson et al., 2000; Beck, 1967) highlighted the role of *hopelessness*
- Thomas Joiner (2005) Perceptions of low *belongingness* and high *burdensomeness* combine to bring about desire for suicide

Sd/-
(Dr. Rinpari Ralte)
Head

Sd/-
(Dr. Lalropuii)
IQAC In-Charge