

## DEPARTMENT OF PSYCHOLOGY

### Online Workshop

2 days online workshop and awareness programme for college students on "Substance Use Disorder" was organised on 26th & 27th August, 2021 in collaboration with Social Welfare & Tribal Affairs Department (MSD&RB), Govt. Of Mizoram. As many as 150 students participated. The resource persons were Dr. Robert Khawlhing, State Nodal Officer, Health and Family Welfare Department, GoM, Dr. Lalremruati Pachuau, Assistant Professor, Government Aizawl West College and Prof. Rinpari Ralte, Head, Department of Psychology, Pachhunga University College.

The screenshot shows a Zoom meeting interface. The main screen displays a presentation slide titled "Addiction" in large, bold, black letters. To the left of the title is a graphic of a fish with its mouth open, hooked by a fishing lure. Text on the graphic includes "SEX", "DRUGS", "DRINKING", "SMOKING", "Scientists are discovering the chemical secret to", "HOW WE GET ADDICTED", and "...and how we might get cured". Below the title, the text reads: "Dr Robert L Khawlhing", "MBBS, MD Psychiatry", "SNO MH etc, H&FW GoM". On the right side of the screen, there is a vertical list of participants: "Dr. Saichampuii...", "Vanlalhruali", and "PUC ZOOM2". At the bottom of the screen, the Zoom control bar is visible, showing "Participants" (168), "Chat", "Share Screen", "Record", "Reactions", and a "Leave" button.

Recording

Lalrui

GAIC China 1

Rinpan Ralte

PSY 2001BA436 Ngurtlangan Saito

Catherine Laithe

PSY 21/07 Lalrui

Lalruihama 1901BA162

Johny Lalruihama

PSY 21/35 Lalruihama

eng 21/35 Lalruihama

Eng 21/31 Lalruihama

PHIL Elizabeth Lalruihama 2001BA089

Phil 21/39 Pc Lalruihama

Vanlalruihama

PSY 21/25 Lalruihama

PSY 21/10 FATH LALRUIHAMA

PSY 21/31 Lalruihama

ENG 21/02 Lalruihama

ENG 21/23 Lalruihama

ENG 21/07 CHRISTINA

PSY 2001BA469 Rameng

PSY 2001BA498

RM. A. Lalruihama

ENG2001BA377 Lalruihama



Aizawl, Mizoram, India  
PP76+8V2, Mission Vengthlang, Aizawl, Mizoram 796005, India  
Lat N 23° 42' 46.6632"  
Long E 92° 42' 43.2324"  
27/08/21 04:14 PM

# ONLINE WORKSHOP AND AWARENESS PROGRAMME ON SUBSTANCE USE DISORDER FOR UNDERGRADUATE STUDENTS



## ORGANIZED BY

DEPARTMENT OF PSYCHOLOGY, PACHHUNGA UNIVERSITY COLLEGE  
in collaboration with MIZORAM SOCIAL DEFENCE & REHABILITATION BOARD,  
SW&TA DEPARTMENT, GOVT. OF MIZORAM

AUGUST 26 & 27, 2021

2:00-4:15 P.M.

VIRTUAL PLATFORM: ZOOM

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## SCHEDULE

### Day 1 (26.08.2021)

- 2:00 - 2:45 p.m. - "Drug Scenario", Ms. Vanlalhruii, SLCA, MSD&RB
- 2:45 - 3:30 p.m. - "Basic of Drugs, Classification and their Effects", Dr. Robert Khawlhing, State Nodal Officer, Mental Health etc., Health & Family Welfare Department
- 3:30 - 4:15 p.m. - "Addiction", Dr. Robert Khawlhing

### Day 2 (27.08.2021)

- 2:00 - 2:45 p.m. - "Life Skills - I", Prof. Rinpari Ralte, Head, Department of Psychology, Pachhunga University College
- 2:45 - 3:30 p.m. - "Life Skills - II", Prof. Rinpari Ralte
- 3:30 - 4:15 p.m. - "Mental Health", Dr. Lalremruati Pachuau, Asst Prof., Department of Psychology, Govt. Aizawl West College

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### Organizing Committee

Dr. Saichampuii Sailo (Convener); Dr. Lalropuii (Organizing Secretary);  
Prof. Rinpari Ralte, Lalrinawmi Rawite, Benjamin L. Chawngthu,  
Laldinpuia (Organizing Members)

Sd/-  
(Dr. Rinpari Ralte)  
Head

Sd/-  
(Dr. Lalropuii)  
IQAC In-Charge