

DEPARTMENT OF PSYCHOLOGY

Observances of the World Mental Health Week:

The Department of Psychology, in collaboration with the Green Ribbon Club, observed the World Mental Health Week in their academic calendar for the year 2019. A membership drive for the club was started from 23rd August and 360 members were accumulated. On 7th October a training session for peer educators was organised in conjunction with members from VOLCOMH, and on 9th October, a free clinic was set up at the campus entrance and 180 students and staff members received free mental health check-up. On 10th October, i.e. the World Mental Health Day, *life skills training* was provided around three local government schools (one primary, one middle and one high) which was sponsored by SEL Foundation, Chanmari.

Pic: Stall for the Mental Health Check-up



Peer Educator Training for GRC



Pic:Life-skills Training in schools







Sd/-
(Dr. Rinpari Ralte)
Head

Sd/-
(Dr. Lalropuii)
IQAC In-Charge